



April is Sexual Assault Action Month & Child Abuse Prevention Month!

This April we are excited to promote both Sexual Assault Action Month and Child Abuse Prevention Month by highlighting 5 research-based strategies which have been identified by the CDC as effective in the prevention of Sexual Violence and Child Abuse as well as Intimate Partner Violence, Suicide and Youth Violence. Together we can work toward safer communities and the prevention of violence and abuse across the lifespan!

1.) PROMOTE HEALTHY NORMS AND CHALLENGE SOCIAL NORMS THAT REINFORCE VIOLENCE/ABUSE

Bystander Intervention Approaches

Mobilize men and boys as allies

Change social norms to support parents and positive parenting

Connect youth to caring adults and activities

Peer norm programs

Address ageism and adultism as key factors in valuing children and children's voices less than adults

Parenting skills and family relationship approaches

Enhance parenting skills to promote healthy child development

Teach healthy, safe relationship skills to youth and couples

Social-emotional learning programs

Universal school-based programs

2.) TEACH SKILLS TO FOSTER HEALTHY RELATIONSHIPS

Street outreach and community norm change

Modify the physical and social environments of neighborhoods

3.) CREATE PROTECTIVE ENVIRONMENTS

Establish and consistently apply workplace policies

Improve school climate, safety and monitoring

Reduce exposure to community-level risks

4.) SUPPORT EFFORTS AND PROGRAMS THAT EMPOWER ALL PEOPLE

Strengthen leadership & opportunities for girls

Strengthen household financial security

Strengthen work-family supports: family friendly work policies

Strengthen economic supports for women and families

Connect people to quality care and education early in life

Safe reporting options and messaging

Strengthen access and delivery of care

Victim/survivor- centered services to lessen harms and prevent future risk

Treatment for at-risk children, youth and families to prevent problem behavior and later involvement in violence

5.) SUPPORT VICTIMS/ SURVIVORS TO INCREASE SAFETY AND LESSEN HARMS

Highly Informed Children become Healthier Adults who build Safer Communities and create a Safer, Kinder World

1. Basile, K.C., DeGue, S., Jones, K., Freire, K., Dills, J., Smith, S.G., Raiford, J.L. (2016). STOPSV: A Technical Package to Prevent Sexual Violence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 2. David-Ferdon, C., Vivolo-Kantor, A. M., Dahlberg, L. L., Marshall, K. J., Rainford, N. & Hall, J. E. (2016). A Comprehensive Technical Package for the Prevention of Youth Violence and Associated Risk Behaviors. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 3. Fortson, B. L., Klevens, J., Merrick, M. T., Gilbert, L. K., & Alexander, S. P. (2016). Preventing child abuse and neglect: A technical package for policy, norm, and programmatic activities. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 4. Niolon, P. H., Kearns, M., Dills, J., Rambo, K., Irving, S., Armstead, T., & Gilbert, L. (2017). Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 5. Stone, D.M., Holland, K.M., Bartholow, B., Crosby, A.E., Davis, S., and Wilkins, N. (2017). Preventing Suicide: A Technical Package of Policies, Programs, and Practices. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.