

Connecting Prevention Strategies Across Violence and Abuse

In 2016/2017, the Centers for Disease Control and Prevention (CDC) released a series of technical packages focused on preventing different forms of violence. These technical packages focus on preventing: **Intimate Partner Violence, Suicide, Youth Violence, Sexual Violence, and Child Abuse and Neglect**. The technical packages recommend research-based strategies to prevent the different forms of violence. All five technical packages share examples of prevention work that fit into five overlapping strategies. Regardless of which strategies we implement, the work overlaps and impacts the prevention of all five forms of violence. This handout looks at just some of those overlapping strategies to help us better identify how we can all work together.

Shared Strategies

1. Promote Social Norms that Protect Against Violence

2. Teach
Skills to
Prevent
Violence
and Abuse

3. Provide
Opportunities
to Empower
and Support

4. Create
Protective
Environments

5. Support
Victims/
Survivors to
Increase
Safety and
Lessen
Harms

Examples from the 5 CDC Technical Packages

Bystander intervention approaches

Change social norms to support parents and positive parenting

Mobilize men and boys as allies Connect youth to caring adults and activities

Peer norm programs

Teach
healthy, safe
dating and
intimate
relationship
skills to
adolescents
and/or
couples

Enhance parenting skills to promote healthy child development

Socialemotional learning programs

Universal schoolbased programs Parenting skill and family relationship approaches

Strengthening leadership and opportunities for girls Strengthen work-family supports: Familyfriendly work policies

Strengthening economic supports for women and families

Strengthening household financial security

Modify the physical and social environments of neighborhoods

Establishing and consistently applying workplace policies

Improve school climate, safety, and monitoring

Reduce exposure to communitylevel risks Street outreach and community norm change

Victim-centered services to lessen harms and prevent future risk: patient-centered approaches, housing programs, first responder/civil legal protections, etc.)

Treatment for at-risk children, youth, & families to prevent problem behavior and later involvement in violence

Strengthen access and delivery of care Provide quality care and education early in life

Safe reporting options and messaging

1. Basile, K.C., DeGue, S., Jones, K., Freire, K., Dills, J., Smith, S.G., Raiford, J.L. (2016). STOPSV: A Technical Package to Prevent Sexual Violence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 2. David-Ferdon, C., Vivolo-Kantor, A. M., Dahlberg, L. L., Marshall, K. J., Rainford, N. & Hall, J. E. (2016). A Comprehensive Technical Package for the Prevention of Youth Violence and Associated Risk Behaviors. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 3. Horizon, M. T., Gilbert, L. K., & Alexander, S. P. (2016). Preventing child abuse and neglect. A technical package for policy, norm, and programmatic activities. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 4. Niolon, P. H., Kernar, M., Dills, J., Rambo, K., Irving, S., Armstead, T., & Gilbert, L. (2017). Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. 5. Stone, D.M., Holland, K.M., Bartholow, B., Crosby, A.E., Davis, S., and Wilkins, N. (2017). Preventing Suicide: A Technical Package of Policies, Programs, and Practices. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.