ADVOCACY FOR VICTIMS OF STRANGULATION

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PHYSICAL INJURIES FROM STRANGULATION MAY BE IMMEDIATE OR DEVELOP OVER TIME

1. Immediate:
   1. Memory loss
   2. Dizziness
   3. Disorientation
   4. Visual impairment
   5. Loss of consciousness
   6. Loss of bladder/bowel control
   7. Brain swelling
   8. Internal injury

2. May develop over time:
   1. Delayed risk of stroke due to oxygen deprivation of the brain
   2. Carotid dissection
   3. Blood clots
   4. Swelling of the airway
   5. Narrowing or scarring of the larynx and trachea
   6. Tinnitus
EMOTIONAL AND BEHAVIORAL EFFECTS OF STRANGULATION

1. Depression  
2. Memory problems  
3. Difficulty concentrating or understanding information  
4. Trouble organizing their thoughts, making plans  
5. Sensitivity to noises or light  
6. May act combative or intoxicated  
7. PTSD

PHYSICAL EFFECTS
- Continued check in regarding potential injuries
- Assist with accessing medical treatment
- Assistance in identifying you mean to cope with physical harm
- Reinforcement of information they have realized
- Identify accommodations that can be made to assist the victim during meetings or court hearings

EMOTIONAL EFFECTS
- Assist the victim creating a safety plan and to reassess the plan as the situation changed
- Ensure each victim is connected to "normal" services they have utilized
- Connect to resources for counseling and support
- Connecting to financial resources and other essential needs in reducing the impact of the strangulation

HOW ADVOCATES ASSIST VICTIMS OF STRANGULATION:

ADVOCACY IN A REPORTED CASE
Thank you

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